

An Important Introduction!

It seems to us that success in a career or success in life has so much to do with the quality of the relationships we put into them. Knowing the right people can shape our lives, just as powerfully as knowing the wrong people can. If there is a big goal you are working toward, there is probably someone who has moved toward that goal before who could help you get there more quickly. There are people who think differently, have different education, experiences, resources and contacts who can support you in moving forward. Just think of the people you know or the people you come in contact with who have been successful in their fields. Just think of the value of the impact they could make.

If you are open to the idea that knowing the right person can make a significant difference in your career and in your life, then there is someone we would like to introduce you to.

We would like to introduce you to your best you!

Just imagine what a difference it would make in your career and in your life if you brought your best you to the significant moments in it. If you think of a world class athlete, they are not just focused on the skill they need to perform, but also focused on bringing the best version of them to the event to perform it.

Perhaps we just think “I am who I am and that is who I bring to the event”.

As coaches it is our job to help people reach their goals, reach them more quickly and reach them in balance. It becomes evident over time that if the person we are supporting doesn't know themselves pretty well, there is a great opportunity to shed light on gifts they possess that get them there more quickly as well as obstacles that could be eliminated to move them in the right direction as well.

What “you” are you bringing to the game?

Your defensive you?
Your distracted you?
Your insecure you?
Your fearful you?
Your you that already knows it all?
Your busy you?

Think about it, if you have a big game to play and you are bringing one of these versions of you to the game, you are already at a disadvantage before the game starts.

In 2003 CMAA launched a Coaching Program that gave CMAA members the opportunity to receive coaching as a benefit of membership. As the coaches for CMAA, we are privileged to support those who take advantage of the benefit of coaching. Just imagine the difference it can make when go out to play the game with:

Your aware you!
Your balanced you!
Your creative you!
Your powerful you!
Your focused you!
Your productive you!
Your inspiring you!
Your Extraordinary you!

Getting to meet your best you might be the most powerful introduction of your life!